

Telehealth instructions

Please make sure you are in a **private location, free of distractions**. Treat an online session as if you are in our office. If you are alone in our office, please be alone when we connect. Sessions will not be productive if one of us is distracted or is unable to speak freely.

Your therapist will ensure that all of your information and sessions will be kept confidential and private. The website we are using is HIPAA compliant and none of your information will be stored on the site.

Make sure your camera and microphone are working. You could use earbuds with a microphone to prevent others from hearing what your therapist is saying.

We suggest you do a test run prior to your session to make sure you are familiar with the technology.

Go to the following website:

SHARON: <https://doxy.me/sharondeltacenter>

AIMEE: <https://doxy.me/aimeedeltacenter>

AMANDA: <https://doxy.me/amandadeltacenter>

LEAH: <https://doxy.me/leahdeltacenter>

DR.TAPP: <https://doxy.me/drtappdeltacenter>

You will have to type in your first name and the system will connect. Then you will be in a waiting room until your therapist connects with you.

- Your session time and length will remain the same.
- Someone will call you prior to your session regarding payment.
- Your therapist can schedule additional appointments with you in your session.

Please contact us if you have any questions or issues.

We appreciate your patience and understanding as we navigate new territory during this time. Please talk with your therapist about any concerns you may have.